



# Cable TV Program Guide



**MARKETING & MEDIA SERVICES**  
LONG BEACH UNIFIED SCHOOL DISTRICT  
(562) 997-8000, Ext. 7198

**Spectrum**

**Channel 96**  
in Long Beach  
and Signal Hill  
**Channel 35**  
in Lakewood

**fios**

**Channel 47**

PM	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MIDNIGHT	LBUSD	LBUSD	Leading Students	LBUSD	Leading Students	Leading Students	LBUSD
12:30AM	Board	Board	in Times of Crisis	Board	in Times of Crisis	in Times of Crisis	Board
1:00AM	of	of	(Podcast Series)	of	(Podcast Series)	(Podcast Series)	of
1:30AM	Education	Education	8/31/2020	Education	8/31/2020	8/31/2020	Education
2:00AM	Workshop	Meeting	Connecting	Meeting	Connecting	Connecting	Workshop
2:30AM	[Tuesday]	9/16/2020	With Students	9/16/2020	With Students	With Students	[Wednesday]
3:00AM	8/19/2020	(4 hrs, 2 min)	We All Have a Story	(4 hrs, 2 min)	We All Have a Story	We All Have a Story	8/18/2020
3:30AM	(3 hrs, 37 min)		(Podcast Series)		(Podcast Series)	(Podcast Series)	
4:00AM	Parent University	Parent University	Parent University	Parent University	Parent University	Parent University	(5 hrs, 22 min)
4:30AM	8/26/2020	8/26/2020	8/26/2020	8/26/2020	8/26/2020	8/26/2020	
5:00AM	Cursive Connection	Cursive Connection	Cursive Connection	Cursive Connection	Cursive Connection	Cursive Connection	
5:30AM	Cursive Connection	Cursive Connection	Cursive Connection	Cursive Connection	Cursive Connection	Cursive Connection	
6:00AM	ed.news	ed.news	ed.news	ed.news	ed.news	ed.news	ed.news
6:30AM	ed.news	ed.news	ed.news	ed.news	ed.news	ed.news	ed.news
7:00AM	The Message	The Message	The Message	The Message	The Message	The Message	The Message
7:30AM	3/2/2020	3/2/2020	3/2/2020	3/2/2020	3/2/2020	3/2/2020	3/2/2020
8:00AM	LBUSD	Leading Students	LBUSD	Leading Students	LBUSD	LBUSD	LBUSD
8:30AM	Board	in Times of Crisis	Board	in Times of Crisis	Board	Board	Board
9:00AM	of	(Podcast Series)	of	(Podcast Series)	of	of	of
9:30AM	Education	8/31/2020	Education	8/31/2020	Education	Education	Education
10:00AM	Meeting	Connecting	Meeting	Connecting	Meeting	Meeting	Meeting
10:30AM	9/16/2020	With Students	9/16/2020	With Students	9/16/2020	9/16/2020	9/16/2020
11:00AM	(4 hrs, 2 min)	We All Have a Story	(4 hrs, 2 min)	We All Have a Story	(4 hrs, 2 min)	(4 hrs, 2 min)	(4 hrs, 2 min)
11:30AM		(Podcast Series)		(Podcast Series)			

9/17/2020

- Leading Students in Times of Crisis (Podcast Series) - Guests: Tina Braswell & Andrea Glenn, Teachers (August 31, 2020)
- Parent Univeristy - Preparing Elementary Students for Virtual Success (August 26, 2020)
- Board of Education Workshop - Organizing / Measure E / School Safety / Budget / Data Perspectives 1 (Tuesday, August 18, 2020)
- Board of Education Workshop - Data Perspectives 2 / School Opening Update / Equity Initiatives (Wednesday, August 19, 2020)
- We All Have a Story (Podcast Series with Jill Baker) - Guests: Maya & Zoya, LBCaLL Internships (August 12, 2020)
- Connecting With Students - Dr. Jill Baker Interviews Students (June 15, 2020)
- The Message - Guest: Musician Adrian Young of the Band NO DOUBT (March 2, 2020)

AM	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOON	LBUSD	LBUSD	Leading Students	LBUSD	Leading Students	Leading Students	LBUSD
12:30PM	Board	Board	in Times of Crisis	Board	in Times of Crisis	in Times of Crisis	Board
1:00PM	of	of	(Podcast Series)	of	(Podcast Series)	(Podcast Series)	of
1:30PM	Education	Education	8/31/2020	Education	8/31/2020	8/31/2020	Education
2:00PM	Workshop	Meeting	Connecting	Meeting	Connecting	Connecting	Workshop
2:30PM	[Tuesday]	9/16/2020	With Students	9/16/2020	With Students	With Students	[Wednesday]
3:00PM	8/19/2020	(4 hrs, 2 min)	We All Have a Story	(4 hrs, 2 min)	We All Have a Story	We All Have a Story	8/18/2020
3:30PM	(3 hrs, 37 min)		(Podcast Series)		(Podcast Series)	(Podcast Series)	
4:00PM	Parent University	Parent University	Parent University	Parent University	Parent University	Parent University	(5 hrs, 22 min)
4:30PM	8/26/2020	8/26/2020	8/26/2020	8/26/2020	8/26/2020	8/26/2020	
5:00PM	Cursive Connection	Cursive Connection	Cursive Connection	Cursive Connection	Cursive Connection	Cursive Connection	
5:30PM	Cursive Connection	Cursive Connection	Cursive Connection	Cursive Connection	Cursive Connection	Cursive Connection	
6:00PM	ed.news	ed.news	ed.news	ed.news	ed.news	ed.news	ed.news
6:30PM	ed.news	ed.news	ed.news	ed.news	ed.news	ed.news	ed.news
7:00PM	The Message	The Message	The Message	The Message	The Message	The Message	The Message
7:30PM	3/2/2020	3/2/2020	3/2/2020	3/2/2020	3/2/2020	3/2/2020	3/2/2020
8:00PM	LBUSD	Leading Students	LBUSD	Leading Students	LBUSD	LBUSD	LBUSD
8:30PM	Board	in Times of Crisis	Board	in Times of Crisis	Board	Board	Board
9:00PM	of	(Podcast Series)	of	(Podcast Series)	of	of	of
9:30PM	Education	8/31/2020	Education	8/31/2020	Education	Education	Education
10:00PM	Meeting	Connecting	Meeting	Connecting	Meeting	Meeting	Meeting
10:30PM	9/16/2020	With Students	9/16/2020	With Students	9/16/2020	9/16/2020	9/16/2020
11:00PM	(4 hrs, 2 min)	We All Have a Story	(4 hrs, 2 min)	We All Have a Story	(4 hrs, 2 min)	(4 hrs, 2 min)	(4 hrs, 2 min)
11:30PM		(Podcast Series)		(Podcast Series)			

9/17/2020

- Leading Students in Times of Crisis (Podcast Series) - Guests: Tina Braswell & Andrea Glenn, Teachers (August 31, 2020)
- Parent Univeristy - Preparing Elementary Students for Virtual Success (August 26, 2020)
- Board of Education Workshop - Organizing / Measure E / School Safety / Budget / Data Perspectives 1 (Tuesday, August 18, 2020)
- Board of Education Workshop - Data Perspectives 2 / School Opening Update / Equity Initiatives (Wednesday, August 19, 2020)
- We All Have a Story (Podcast Series with Jill Baker) - Guests: Maya & Zoya, LBCaLL Internships (August 12, 2020)
- Connecting With Students - Dr. Jill Baker Interviews Students (June 15, 2020)
- The Message - Guest: Musician Adrian Young of the Band NO DOUBT (March 2, 2020)