

November 29, 2021

Dear LBUUSD Students and Families:

The Long Beach Health Department would like to remind LBUUSD students and families to continue to do their part to help prevent the spread of COVID-19 at our schools. As we enter the holiday season and cold weather brings us indoors, it is important to remember the following when your child returns to school.

1. Everyone should monitor for symptoms daily and stay home if they are sick. If symptomatic, it is important to get tested as soon as possible. Testing is available at various sites throughout the city: <https://www.longbeach.gov/health/diseases-and-condition/information-on/coronavirus/covid-19-testing/>
2. If anyone at home is positive for COVID-19 or your child has had close contact outside of school with someone who was positive, it is important that your child does not go to school or attend any activities until they complete their quarantine. Please notify your child's school of the exposure as soon as possible.
3. If your child tests positive for COVID-19, there is no need to continue to retest until they are negative, unless instructed to do so. The isolation period ends after 10 days, as long as their symptoms have improved, and they haven't had a fever for the last 24 hours without medication. Please report the positive result to your child's school right away.
4. Vaccines are the best way to prevent COVID-19. All children 5 years and older are eligible to receive the COVID-19 vaccine. For appointments go to <https://myturn.ca.gov/>.

Thank you for your cooperation in keeping our schools healthy and safe!

