



HIGH SCHOOL COURSE OUTLINE

Department	Visual/Performing Arts			Course Title	Ballet Folklorico		
Course Code	3720	Grade Level	9 - 12	Course Length	2 semesters	Credits/Semester	5
Required for Graduation			Meets H.S. Grad Requirement			Elective Credit	Yes
Prerequisites	None						
Articulated with LBCC		No		Articulated with CSULB		No	
Meets UC a-g Requirement		Yes(f)		Meets NCAA Requirement		No	

COURSE DESCRIPTION:

This course is designed to teach students the culture dances of Mexico and other Latin countries, their historical, geographical, and mythological roots, the significance of the costumes and music and the instrument associated with each one. This course will help students learn the skills of dance while improving their technique, poise, self-confidence and creative ability as well as deepening their understanding of and appreciation for the rich and colorful heritage that each dance represents.

GOALS: (Student needs the course is intended to meet)

- Develop body awareness; movement communication skills; and a capacity for movement response, motor efficiency and multi-sensory integration.
- Explore dance elements and perform dance movement, using the skills, vocabulary and language of dance.
- Make connection between dance composition and performance and healthy living.
- Use choreographic principles and processes to express perceptions, feelings, images and thoughts.
- Create and communicate meaning through dance composition and performance.
- Develop knowledge and understanding of human diversity through dance.
- Investigate the role of dance in historical and contemporary cultures.
- Analyze, interpret, and judge dance in accord with learned aesthetic principles.
- Study the events in history that influenced the various styles of dance and costumes.
- Learn the instruments particular to a regional dance
- Examine dance and dance related occupations.

PERFORMANCE OBJECTIVES:

Students will:

- Learn the vocabulary of steps, music and costumes associated with specific dances.
- Execute the correct techniques particular to each dance.
- Demonstrate the dances with technical accuracy and clarity of historical and/or dramatic intent.
- Identify the instrument(s) associated with regional dances.
- Exhibit an understanding of the choreography of the dances through reflection and performance.
- Use higher order thinking skills to develop an original dance from an idea to a performance.

- Interpret an established dance without losing the original intent of the dance.
- Research dance related occupations and future outlook.
- Identify the influence that other cultures have had in each dance.

OUTLINE OF CONTENT AND TIME ALLOTMENT

The course is designed and structured around regional units. Each unit will include the history, culture, geography, and folklore of the particular region. Units will include but not be limited to:

Unit One - Introduction

Elements of dance
Dance as an expression of communication
Language of Ballet Folklórico
Traditional roots of Ballet Folklórico

Unit Two

Norteno Dances (Monterey, Laredo)
Santa Rita Cerro de la Silla
La Cacahuata La Capsula

Unit Three

Mestizo Dances (Nayarit, Chiapas, Yucatan)
El Diablo Fiesta del pueblo Rascapetatee
La Majahua Las Galas Chapanecas

Unit Four

La Madrugada La Negra Las Alazanas
Las Copetonas El Huaco El Gusto

Unit Five

Sones Jarochos (Veracruz)
El Aqualulco La Bamba La Tuza
El Tilingo El Colas la Yerbabuena

Unit Six

Revolutionary Dances
Coronelas Adelita La Mala Palabre
Juana Gallo Los Barreteros Jesusita

Unit Seven

Banda Dances (Sinaloa)
El Sauza y La palma El niño perdido
El Son de los Aguacates El Sinaloense

Unit Eight

Huesteca Dances (Tamaulipsa)
El Cielito Lindo El Bejuquito El Aguanieves

Unit Nine

Ritual Dances

Sonora - Danza del Venado

Los Mayas - Los Concheros

Los Aztecas - Danza del sol

Unit Ten

Dances of Other Countries

Costa Rica

Argentina

Contemporary Dances

Spain (Flamenco)

El Salvador

METHODS: A variety of instructional strategies will be utilized to accommodate all learning styles.

- Teachers demonstrations of dances and techniques
- Videos
- Lectures
- Guest demonstrations
- Group discussions
- Observations of other dance groups and performances
- Analyzing and critiquing
- Guest speakers
- Studio work
- Performances
- Curriculum integration

MATERIALS USED IN TEACHING THE COURSE: In addition to the basic text, a variety of instructional tools will be used to meet the needs of all students.

Texts: Regional Dances of Mexico, Edith Johnson
The World of the Aztecs, Minerva
Dance Elements - Dance History

Films:

- Los Aztecas
- Ballet Folklórico de Mexico
- Folkloric Dances of Mexico
- Ballet Folklórico Nacional de Mexico
- Bienvenidos a Mexico
- Soul of Spain (National Geographic)
- Mexican American Heritage
- Songs/Dances of the Homeland Tejano
- Sabor de Mexico
- Con Sabor Mexicano
- Carmen-Spanish Dances
- Escuela Luz Ballet Folklórico
- Ballet del Pacífico

Videos, Compact Discs, Albums, Cassettes, Dance, Costumes, Make-up books, Pictures, Posters, Maps, Library reference materials

EVALUATION: Student achievement in this course will be measured using multiple assessment tools including but not limited to: (a grading scale and/or rubric should be included)

- Teacher/Self-peer observation
- Test, quizzes
- Dance composition
- Performances
- Portfolio
- Student reports/research

Revised 5/02