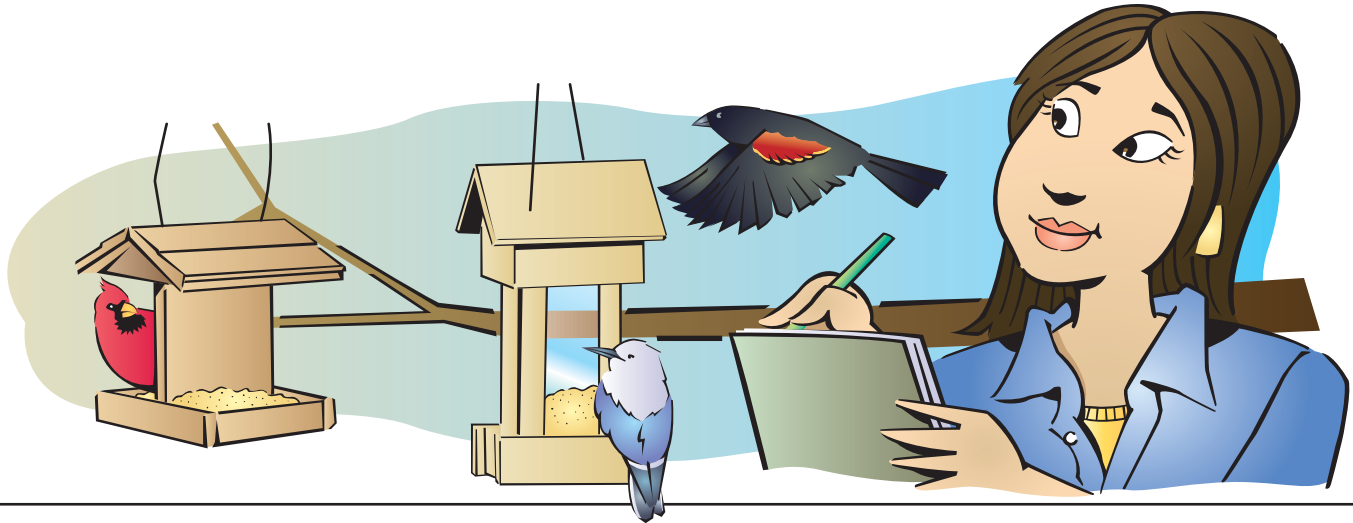


Parent Pointers

Calendar

Parent/Family Involvement
Long Beach Unified School District



THE PARENT INSTITUTE®

Parent Pointers

Calendar

Middle School
Parents
still make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Teach your child about alliteration (using words that start with the same sound). Example: Talk to Tom.	2 Have you met your child's teachers? If not, set up an appointment soon.	3 Middle schoolers like to make a difference. Help your child think of ways to help others.	4 Remember that children learn from our actions more than our words. Focus on setting a good example.	5 Help your child learn from a mistake. Ask, "What would you do differently next time?"	6 Teach your child something new about manners. For example, how to take a detailed phone message.	7 Say "I love you" in a new way. For example, do a surprise favor for your child.
8 Read the Sunday paper with your child. Talk about articles that are interesting.	9 Boredom can lead to drug and alcohol abuse. Help your child develop hobbies and interests.	10 Turn off the TV for the day. With your preteen, use books, games, talking and exercise as entertainment.	11 It's Veterans Day. Talk with your child about a war you remember.	12 Have you discussed sex, drugs and other tough topics with your child? Make plans to do this.	13 Before allowing your child to see a movie, read reviews of it or see it yourself.	14 Listen to your child's favorite radio station. Ask him to point out his favorite songs.
15 Meet the parents of your child's friends. Work as a team to keep your kids out of trouble.	16 Have your child keep her backpack by the door. This prevents frantic searches in the morning.	17 Notice things that cause your child stress. Help her find ways to deal with them.	18 Suggest that your child use her allowance for three things: spending, saving and charity.	19 Does your child use the Internet? Tell her not to reveal personal information online.	20 What is your child's favorite thing to do? Make plans to do it together.	21 Say something nice to your child, such as, "I'm happy to see you!"
22 Make a new rule: Family members must be home for dinner. Eating together brings families closer.	23 Next time your child misbehaves, use a consequence that teaches rather than punishes.	24 Most middle schoolers do at least 45 minutes of homework a night. Is your child doing enough?	25 Help your child think of ways to say "no" to drugs, such as, "I need to stay healthy for sports."	26 At the dinner table, have each family member share something they're thankful for.	27 Let your child see you reading often. This teaches that reading is important and fun.	28 Think of something you admire about your child. Share this with her.
29 Ask your child's opinion about something. For example, "Which outfit looks best on me?"	30 Middle schoolers understand some sophisticated jokes. Try using puns and wordplay with your child.	<h1>November 2009</h1>				