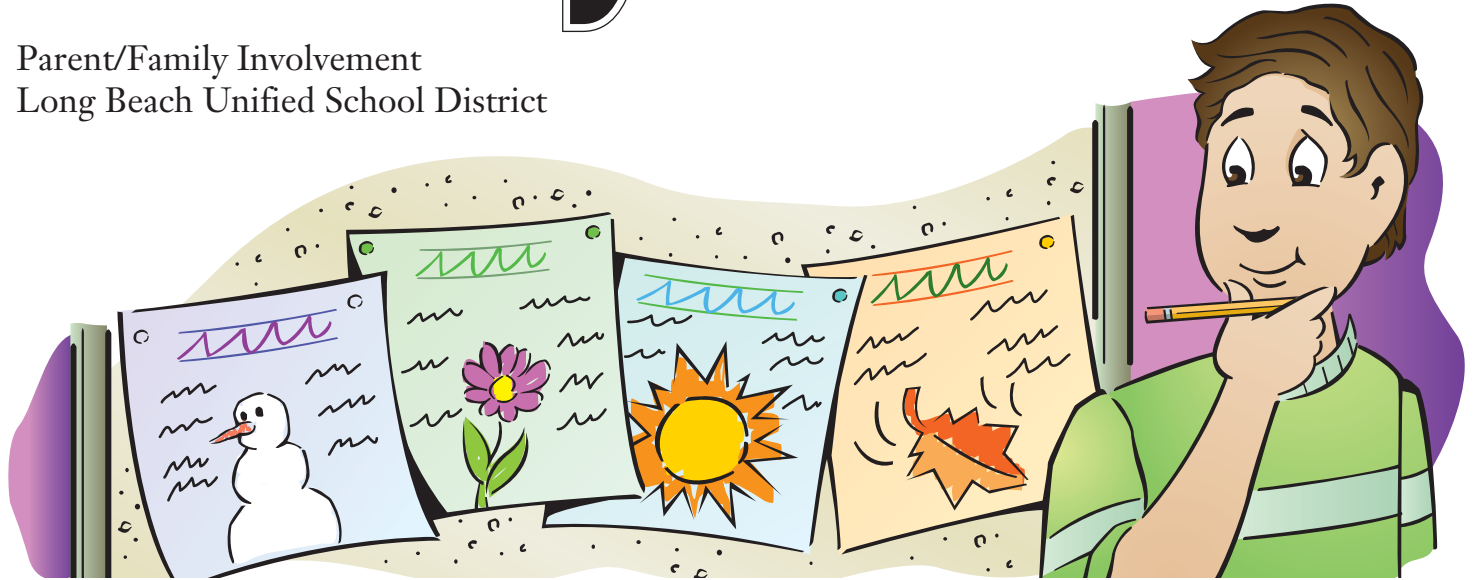


Parent & Child Activity Calendar

Elementary School

Parent/Family Involvement
Long Beach Unified School District



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Feeling capable boosts your child's self-esteem. Take time today to teach your child a life skill.	2 Start a family library. Let your child have her own shelf or bookcase for her books.	3 Play Alphabet Mixup. Choose a word; rearrange the letters in alphabetical order. Can your child figure out the word?	4 Ask your child what changes he'd make if he ran for a political office.	5 Make a paper chain with one ring for each day until school vacation.	6 It's the birthday of James Naismith, inventor of basketball. Ask your child to name her favorite sport.	7 Save old socks to make puppets with your child. Encourage him to put on a puppet show.
8 Let your child plan dinner tonight. How many food groups can you include?	9 Visit the library. Check out a book about sports.	10 Squash is a native American food. When you're in the grocery store, choose a new squash to try.	11 Make an "I Am Special" scrapbook with your child.	12 Ask your child to imagine life 150 years ago. How about 150 years in the future?	13 Plan a reading dinner. Talk about a sports fact you learned this week.	14 Today is the birthday of Claude Monet, a French artist. Paint a picture with your child.
15 It's Peanut Butter Month. Challenge family members to come up with a new way to enjoy this food.	16 Today is International Day for Tolerance. Talk with your child about respecting the beliefs of others.	17 It's Geography Awareness Week. Quiz each other on state, province and world capitals at dinner tonight.	18 Encourage your child to sort his books by subject. He can use the library's system or invent his own.	19 Today is the anniversary of Lincoln's Gettysburg Address. Read it aloud with your child.	20 Have a "silent supper." During dessert, have everyone share what they were thinking about.	21 Take your child out for breakfast. Later, take a walk together.
22 It's National Game and Puzzle Week. Turn off the TV and play a game with your child.	23 Talk about the <i>best</i> and <i>worst</i> of your day. Give everyone a chance to share.	24 What's the average age of members of your family? (Add up ages, divide by number of family members.)	25 Play a game of charades with your child. Use hand gestures and motions to describe your word.	26 Make a list of all the things that make family members grateful.	27 Put together a puzzle with your child.	28 Clean out closets with your child. Donate extras to charity—or have a family yard sale.
29 Bake bread with your child. Biscuits are the simplest to prepare.	30 It's Mark Twain's birthday. Read one of his short stories with your child.	<h2>November 2009</h2>				