



Field Trip Lunch Information and Menu

Field Trip lunches are those lunches picked up by a school or charter bus from the Production Center. They are prepared by the Production Center staff.

Field trip lunches are to be ordered by the teacher on the Request for Bus Field Trip Lunches form BD-919. The order must be placed two (2) weeks prior to the date of the trip. For last minute requests contact the Production Center at (562) 424-6484.

When students are going on a walking field trip, non-district bus trips, the participating teacher may order site prep sack lunches directly from the cafeteria supervisor.

Meals for teachers, adult chaperones, and the bus drivers must be purchased at the *current adult meal price*.

Menu

- Turkey Ham & Cheese Sandwich
- Apple Slices
- Juice
- Milk
- Vegetables



Menu Item Nutrients

Menu Item	Portion Size	Calories	Sodium (mg)	Dietary Fiber (g)	Protein (g)	Carbohydrate (g)	Total Fat (g)	Saturated Fat (g)
Turkey Ham & Cheese Sandwich	1 each	278	990	2	22.37	29.79	8.33	3.22
Apple Slices	1/2 cup	34	0	1.99	0	7.96	0	0
Broccoli	1/2 cup	15.5	15.02	1.19	1.285	3.02	0.17	0.02
Carrots	1/2 cup	35	45	2	1	9	0	0
Juice, Orange	4 oz	55	15.01	0	1	13.51	0	0
Milk, White 1 %	8 oz	120	150	0	11	14	2.5	1.5
Milk, Choc N/F	8 oz	132	220.46	0	7.72	25.35	0	0

