

FREE SUMMER SWIM PROGRAMS

CABRILLO AQUATIC CENTER

Cabrillo High School - 2001 Santa Fe Avenue - Long Beach

Monday - Thursday Classes

All Classes 3:00 pm – 5:30 pm

First Session – Monday, June 22 thru Thursday, July 2.

Second Session – Monday, July 6 thru Thursday, July 16.

Third Session – Monday, July 20 thru Thursday, July 30.

Fourth Session – Monday, August 3 thru Thursday, August 13.

Fifth Session – Monday, August 17 thru Thursday, August 27.

LA84 Foundation scholarships available. Ages 7 – 17.

LA84 Foundation Swim Team

Monday, June 22 thru Thursday, August 13.

Scholarships available. Ages 7 – 17

****Completion of timed swim test required to participate****

Ages 7 – 10: 50 yard freestyle 2:00 minutes or less

Ages 11 – 17: 100 yard freestyle 2:00 minutes or less

Practice Time 2:00pm – 3:00 pm, Monday – Thursday

Daily Activity Schedule & Class Times

Recreation Swim	Monday – Thursday	LA84 Requirements
Monday – Friday 12:00pm – 2:00pm June 22 to August 28 *Swimsuits Required*	Pre-K Aqua 1 – 3:00 pm (3-5 yrs.)	Limited scholarships available. Provided on first come, first serve basis. One scholarship per lesson session per family. Must show proof of Long Beach residency to participate.
	Pre-K Aqua 2 – 3:00 pm (Pre-K 1)	
	Level 1 – 3:30 pm (6 – 17 yrs.)	
	Level 2 – 3:30 pm (Level 1)	
	Level 3 – 4:00 pm (Level 2)	
	Level 4 – 4:00 pm (Level 3)	
FREE ADMISSION PLEASE NOTE THAT SPACE IS LIMITED DURING RECREATION SWIM SESSIONS.	Level 5 – 4:30 pm (Level 4)	
	Level 6 – 4:30 pm (Level 5)	
	Parent & Child – 5:00 pm (6 mos. – 3 yrs.)	
Children under 48 inches must swim with a parent and/or guardian.	Adult – 5:00 pm (15 yrs. & Up)	Sea Festival Swim Meet: July 25 LA84 Swim Festival: August 8

Registration Hours

Monday, June 22 thru Wednesday, August 19: 12:00 pm to 5:00 pm

****Registration must be turned in before class start time.****

PLEASE CALL (562) 570-1808 FOR INFORMATION.