



Information and Menu

All American

- Hot Dogs and/or Hamburgers
- Vegetables
- Applesauce
- Juice
- Milk
- Chocolate Chip Cookie

PAID STUDENTS: Current Price

ADULTS & SIBLINGS: Current adult price (non-student meal)

Elementary, K-8th, and Middle School Barbeque Menu Item Nutrients

Menu Item	Portion Size	Carbohydrate (g)	Calories	Sodium (mg)	Dietary Fiber (g)	Protein (g)	Total Fat (g)	Saturated Fat (g)
Hamburger on Whole Wheat Bun	1 each	28.7	274	371	3.1	21.2	10.1	3.5
Hotdog on Whole Wheat Bun	1 each	31	400	1040	3	17	24	9
Shredded Lettuce & Pickles	1/2 cup 2 pickle slices	1	7	171	0.4	0.5	0.1	0
Baby Carrots	1 pack (3 oz)	8	35	65	2	1	0	0
Ranch Dressing	2 Tbsp	2.5	76	235	0	0.5	8	1
Applesauce Cup	1 each (4 oz)	14	51	2	1	0.2	0.1	0
Juice Variety	4 oz	14	60	7	0	0.3	0	0
Milk, White 1 %	8 oz	16	120	160	0	11	2.5	1.5
Milk, Choc N/F	8 oz	27	140	260	0	8	0	0
Chocolate Chip Cookie	1 each	16.5	118	107	0.5	1.5	5	1.5
Catsup Packet	1 packet	2	10	65	0	0	0	0
Mustard Packet	1 packet	0.5	4	65	0	0	0	0