



CURRICULUM, INSTRUCTION AND PROFESSIONAL DEVELOPMENT Office
of Health/Physical Education
1299 E. 32nd Street, Room 14
Signal Hill, CA 90755-5239 (562)
97-0632

2018 – 2019 Middle School Sports Girls' Track Schedule

Sat. December 1st: Practice Meet 7:30 a.m. Field Events
AT WILSON HS 9:00 a.m. Running Events

*All entries are electronically submitted to Lisa no later than Wednesday, November 28th.

Transportation: If bus is needed to Practice Meet notify Lisa Ulmer by Tuesday, November 27th. Round-trip transportation will be provided.

Sat. December 8th: League Meet 7:30 a.m. Field Events
AT CABRILLO HS 9:00 a.m. Running Events

*All entries must be electronically submitted to Lisa no later than Wednesday, December 5th.

Transportation: Bus schedule will remain the same as Practice Meet unless requested. Deadline to request a new bus is Tuesday, December 4th.

Wed. December 12th: City Championships – ALL EVENTS
AT WILSON HS

4:30 pm – Field Events
5:45 pm – Running Events

Transportation provided - One way only – same schools will receive transportation unless notified. All athletes participate, including non-qualifiers. Three “carnival relays,” in addition to city championship events. Notify Lisa by Monday, December 10th if transportation needs are different than practice/league meet.

*****Save December 15th and 19th in case of rain.