INSTRUCTION BP 6164.2

## Guidance/Counseling Services

The Governing Board recognizes that a comprehensive counseling program promotes academic achievement and serves the diverse needs of all district students. Counseling staff shall be available to meet with students regarding their educational progress toward academic and/or career goals and, as appropriate, may discuss social, personal, or other issues that may impact student learning.

The Superintendent or designee shall ensure that all persons employed to provide school counseling, school psychology, and/or school social work services shall possess the appropriate credential from the Commission on Teacher Credentialing authorizing their employment in such positions. Responsibilities of each position shall be clearly defined in a job description.

## Academic and Career Counseling

The district's academic counseling program shall be designed to assist students to establish immediate and long-range educational plans, achieve academic standards, prepare for the high school exit examination, and complete the required curriculum in accordance with their individual needs, abilities, and interests. Insofar as possible, parents/guardians shall be included when making educational plans.

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(cf. 6011 – Academic Standards)
(cf. 6020 – Parent Involvement)
(cf. 6174 – Education for English Learners)
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Beginning in grade 7, parents/guardians shall receive a general notice at least once before career counseling and course selection so that they may participate in the counseling sessions and decisions. (Education Code 221.5)

The counseling program for high school students may include, at appropriate grade levels:

1. Information about courses needed for admission to colleges and universities, standardized admission tests, financial aid, and scholarships

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(cf. 6143 – Course of Study)
(cf. 61646.1 – High School Graduation Requirements)
(cf. 6146.11 – Alternative Credits Toward Graduation)
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2. An opportunity for each student and, if practicable, his/her parent/guardian to meet with a counselor to discuss the student's career goals, available educational and career technical education options, and community and workplace experiences to support the student's goals

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(cf. 6178 - Career Technical Education)
(cf. 6178.1 – Work-Based Learning)
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3. Monitoring of each student's fulfillment of required coursework and progress toward promotion and graduation, and notification of the student and his/her parent/guardian of remaining academic requirements

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(cf. 5123 – Promotion/Acceleration/Retention)
(cf. 6162.52 – High School Exit Examination)
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4. Additional specialized counseling services for students identified as at risk of not graduating with their class

The Superintendent or designee shall establish and maintain a program of guidance, placement, and follow-up for all high school students subject to compulsory continuation education. (Education Code 48431)

No counselor shall unlawfully discriminate against any student. Guidance counseling regarding school programs and career, vocational, or higher education opportunities shall not be differentiated on the basis of any protected category specified in BP 0410 Nondiscrimination in District Programs and Activities.

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(cf. 0410 – Nondiscrimination in District Programs and Activities) (cf. 5145.3 – Nondiscrimination/Harassment)
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In addition, counselors shall affirmatively explore with students the possibility of careers, or courses leading to careers, that are nontraditional for that student's sex. (Education Code 221.5)

For assessing or counseling students, the district shall not use testing or other materials that permit or require impermissible or unlawful differential treatment of students. (5 CCR 4931)

Colleges and prospective employers, including military recruiters, shall have the same access to students for recruiting purposes. (Education Code 49603; 10 USC 503; 20 USC 7908)

Personal or Mental Health Counseling

Counseling staff shall identify and work with students whose personal problems may prevent them from reaching their potential. As appropriate, students shall be informed about agencies that offer qualified professional assistance with substance abuse, physical or emotional problems, or other personal problems.

Written parent/guardian consent shall be obtained before mental health counseling or treatment services are provided to a student, except when the student is authorized to consent to the service pursuant to Family Code 6920-6929, Health and Safety Code 124260, or other applicable law.

Any information of a personal nature disclosed to a school counselor by a student age 12 years or older or by his/her parent/guardian is confidential and shall not become part of the student record without the written consent of the person who disclosed the confidential information. The information shall not be revealed, released, discussed, or referred to except under the limited circumstances specified in Education Code 49602. (Education Code 49602)

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(cf. 5022 – Student and Family Privacy Rights) (cf. 5125 – Student Records)
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A counselor shall consult with the Superintendent or designee and, as appropriate, with the district's legal counsel, whenever unsure of how to respond to a student's personal problem or when questions arise regarding the possible release of confidential information regarding a student.

## Crisis Counseling

The Board recognizes the need for a prompt and effective response when students are confronted with a traumatic incident. School counselors shall assist in the development of the comprehensive school safety plan, emergency and disaster preparedness plan, and other prevention and intervention practices designed to assist students and parents/guardians before, during, and after a crisis.

In addition, the Superintendent or designee shall identify crisis counseling resources to train district staff in effective threat assessment, appropriate response techniques, and/or methods to directly help students cope with a crisis if it occurs.

Legal Reference: **EDUCATION CODE** 221.5 Prohibited sex discrimination 41505-41508 Pupil Retention Block Grant 44266 Pupil personnel services credential 48431 Establishing and maintaining high school guidance and placement program 49600-49604 Educational counseling 151250-51251 School age military dependents 51513 Personal beliefs 52378-52380 Supplemental School Counseling Program **FAMILY CODE** 6920-6929 Consent by minor for treatment or counseling HEALTH AND SAFETY CODE 124260 Mental health services; consent by minors age 12 and older PENAL CODE 11166-11170 Reporting known or suspected cases of child abuse WELFARE AND INSTITUTIONS CODE 5850-5883 Mental Health Services Act CODE OF REGULATIONS, TITLE 5 4930-4931 Counseling 80049-80049.1 Pupil personnel services credential 80632-80632.5 Preparation programs for pupil personnel services

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UNITED STATES CODE, TITLE 10
503 Military recruiter access to directory information
UNITED STATES CODE, TITLE 20
1232g Family Educational Rights and Privacy Act
7908 Armed forces recruiter access to students and student recruiting information
CODE OF FEDERAL REGULATIONS, TITLE 34
99.1-99.67 Family educational rights and privacy
Management Resources:
CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS
California Results-Based School Counseling and Student Support Guidelines, 2007

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